



DR. ROBIN SHERROD, DTM

E3 EMPOWERMENT SOLUTIONS, LLC

Welcome to **E3 Empowerment Solutions, LLC**, where we inspire, equip, and empower individuals and organizations to unlock their full potential. Led by **Dr. Robin Sherrod, DTM**, a dynamic leader and experienced coach, E3 Empowerment Solutions specializes in providing transformative coaching experiences tailored to meet your unique goals. Whether you're striving for personal or spiritual growth, professional development, or a complete life transformation, we're here to guide you every step of the way.

With a passion for helping others thrive, Dr. Sherrod leverages proven strategies, personalized action plans, and unparalleled support to ensure lasting success. Through her tiered coaching packages, she offers affordable scalable options designed to meet you where you are and take you to where you want to be.

At E3 Empowerment Solutions, we don't just coach—we empower. Are you ready to take control of your future and achieve the breakthrough you've been waiting for?

Coaching Tier Packages

Foundation Tier

- **\$300: Entry-level coaching, bi-weekly sessions for 3 months, focusing on foundational skills and strategies.**

Description:

Lay the groundwork for personal or professional growth with our Foundation Tier. This entry-level package provides essential guidance, tools, and accountability to help you get started on your journey. Ideal for those looking to take their first steps toward achieving specific goals.

Growth Tier

- **\$450: Expanded coaching with personalized resources, bi-weekly sessions for 3 months, emphasizing actionable growth plans.**



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Description:

Step up your progress with the Growth Tier. Designed for individuals who want to build on their foundational skills, this package offers personalized coaching and access to valuable resources. Experience a more tailored approach as you work toward your goals with strategic insights and actionable plans.

Momentum Tier

- **\$600: Premium coaching with enhanced support, bi-weekly sessions for 3 months, including progress tracking and additional tools to maintain momentum.**

Description:

Build and sustain momentum with this premium coaching package. The Momentum Tier provides advanced support, in-depth strategies, and personalized tools to help you navigate challenges and maintain steady progress. Perfect for those committed to long-term growth and success.

Breakthrough Tier

- **\$750: Comprehensive coaching experience, bi-weekly sessions for 3 months, with in-depth goal-setting, accountability check-ins, and exclusive materials.**

Description:

Achieve significant breakthroughs with this comprehensive coaching package. The Breakthrough Tier offers deep, personalized coaching, unlimited support, and exclusive tools to accelerate your progress. This tier is for individuals ready to overcome roadblocks and achieve life-changing results.



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Transformation Tier

- **\$1,000: Elite coaching package, bi-weekly sessions for 3 months, designed for those seeking a life-altering transformation with VIP support and tailored strategies.**

Description:

Experience a complete transformation with our most immersive coaching package. The Transformation Tier is designed for individuals who are serious about making lasting changes. With VIP-level support, customized tools, and ongoing accountability, this package ensures you stay on track and exceed your expectations.

In summary, your journey to empowerment starts here. At E3 Empowerment Solutions, LLC, we are committed to equipping you with the tools, strategies, and support you need to thrive in every area of your life. Now is the time to invest in yourself and take the next step toward achieving your goals.

To learn more about our coaching tiers or to schedule a consultation with Dr. Robin Sherrod, contact us today. Let us help you navigate your path to success and discover what it truly means to live empowered.

Your future is waiting—are you ready to step into it?

Visit us online at robinsherrod.com, complete a request for initial consultation which is free (30 mins) or email empoweredliving4@gmail.com to get started. We look forward to partnering with you!

Dr. Robin Sherrod, DTM

CEO, E3 Empowerment Solutions, LLC